


# Deshler High School

**Lunch September 2021**

*"Goooo....Deshler Tigers"*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Meal Prices:</b> All Students Eat Free Employee: \$3.00</p> <p><b>Milk Offered Daily</b></p>	<p style="text-align: center;"><b>Offer Vs Serve</b> <i>A full meal for a student includes 3 of the 5 items and must include a fruit or a vegetable.</i></p>	<p><b>Salisbury Steak with Gravy or Grilled Chicken Breast</b> Creamed Potatoes Green Peas Romaine Salad Biscuit Fruit <b>1</b></p>	<p><b>Hamburger, Cheeseburger or Grilled Cheese with Yogurt</b> Lettuce &amp; Tomato French Fries Green Beans Fruit Dessert <b>2</b></p>	<p><b>Pizza or Hot Pocket</b> Corn Romaine Salad Fruit  <b>3</b></p>
<div style="text-align: center;">  <p><b>6</b></p> </div>	<p style="text-align: center;"><b>E-Learning Day</b></p> <p style="text-align: center;"><b>7</b></p>	<p><b>Spaghetti or Pizza</b> Green Beans Romaine Salad Breadstick Fruit <b>8</b></p>	<p><b>Hotdog or Breaded Chicken Sandwich</b> Baked Beans Slaw Carrot Sticks Fruit Dessert <b>9</b></p>	<p><b>Cheese Sticks or Pizza</b> Marinara Sauce Broccoli Romaine Salad Fruit <b>10</b></p>
<p><b>Chicken Bites or Chicken Sandwich</b> Creamed Potatoes Black Eyed Peas Romaine Salad Fruit <b>13</b></p>	<p><b>Chili Crispito or Deli Sandwich</b> Lettuce &amp; Tomato Carrot Sticks Salsa Seasoned Beans Fruit &amp; Dessert <b>14</b></p>	<p><b>Taco Soup or Pizza</b> Grilled Cheese Sandwich Broccoli Romaine Salad Fruit <b>15</b></p>	<p><b>BBQ Sandwich or Philly Steak Sandwich</b> French Fries Green Beans Romaine Salad Fruit Dessert <b>16</b></p>	<p><b>Hot Pocket or Pizza</b> Marinara Sauce Corn Carrot Sticks Romaine Salad Fruit <b>17</b></p>
<p><b>Chicken Tenders or Cheese Sticks</b> Creamed Potatoes Green Peas Romaine Salad Fruit <b>20</b></p>	<p><b>Hamburger, Cheeseburger or Corndog</b> Lettuce &amp; Tomato French Fries Green Beans Fruit Dessert <b>21</b></p>	<p><b>Taco Salad or Chicken Fajita</b> Lettuce &amp; Tomato Cheese Dip, Salsa, &amp; Chips Seasoned Beans Fruit <b>22</b></p>	<p><b>Pizza or Cheese Crunchers</b> Corn Romaine Salad Fruit Dessert <b>23</b></p>	<p><b>Spicy or Breaded Chicken Sandwich</b> Lettuce &amp; Tomato Baked Beans Carrot Sticks Fruit <b>24</b></p>
<p><b>Chicken Bites or Hot Pocket</b> Creamed Potatoes Green Peas Romaine Salad Fruit Dessert <b>27</b></p>	<p><b>Breakfast Bar</b> Biscuit Sausage Eggs Hash Browns Tomato Slices Fruit &amp; Fruit Juice <b>28</b></p>	<p><b>Chicken Spaghetti or Grilled Chicken Breast</b> Green Beans Romaine Salad Breadstick Fruit <b>29</b></p>	<p><b>Deli Sandwich or Hotdog</b> Lettuce &amp; Tomato Carrot Sticks Baked Chips Corn on Cob Fruit &amp; Dessert <b>30</b></p>	<p style="text-align: center;"><i>This menu is subject to change due to food shortages and delivery issues. We will continue to serve nutritious meals at no cost. Thank you for your continued support.</i></p>