


# Deshler Middle School

**Lunch September 2021**

*"One of the Best Little Middle Schools in America"*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Meal Prices:</b> All Students Eat Free Employee: \$3.00</p> <p><b>Milk Offered Daily</b></p>	<p style="text-align: center;"><b>Offer Vs Serve</b> <i>A full meal for a student includes 3 of the 5 items and must include a fruit or a vegetable.</i></p>	<p style="text-align: center;"><b>Chicken Fajita or Quesadilla</b> Lettuce &amp; Tomato Cheese Dip, Salsa, &amp; Chips Seasoned Beans Fruit</p> <p style="text-align: center;"><b>1</b></p>	<p style="text-align: center;"><b>Hamburger or Cheeseburger</b> Lettuce &amp; Tomato French Fries Green Beans Fruit Dessert</p> <p style="text-align: center;"><b>2</b></p>	<p style="text-align: center;"><b>Pizza or Cheese Crunchers</b> Broccoli Romaine Salad Fruit</p> <p style="text-align: center;"><b>3</b></p>
 <p style="text-align: center;"><b>6</b></p>	<p style="text-align: center;"><b>E-Learning Day</b></p> <p style="text-align: center;"><b>7</b></p>	<p style="text-align: center;"><b>Chicken Wings or Pizza</b> French Fries Broccoli Romaine Salad Roll Fruit</p> <p style="text-align: center;"><b>8</b></p>	<p style="text-align: center;"><b>Cheese Sticks or Deli Sandwich</b> Marinara Sauce Green Beans Romaine Salad Fruit Dessert</p> <p style="text-align: center;"><b>9</b></p>	<p style="text-align: center;"><b>Hotdog or Mini Corndogs</b> Baked Beans Carrot Sticks Slaw Fruit</p> <p style="text-align: center;"><b>10</b></p>
<p style="text-align: center;"><b>Chicken Tenders or Deli Sandwich</b> Macaroni &amp; Cheese Black Eyed Peas Romaine Salad Fruit</p> <p style="text-align: center;"><b>13</b></p>	<p style="text-align: center;"><b>Turkey Roast with Gravy or Salisbury Steak with Gravy</b> Creamed Potatoes Green Beans Romaine Salad Biscuit Fruit &amp; Dessert</p> <p style="text-align: center;"><b>14</b></p>	<p style="text-align: center;"><b>Chicken Alfredo or Pizza</b> Broccoli Romaine Salad Breadstick Fruit</p> <p style="text-align: center;"><b>15</b></p>	<p style="text-align: center;"><b>BBQ Sandwich or Fish Sandwich</b> Baked Beans Slaw Fruit Dessert</p> <p style="text-align: center;"><b>16</b></p>	<p style="text-align: center;"><b>Hot Pocket or Pizza</b> Marinara Sauce Corn Carrot Sticks Romaine Salad Fruit</p> <p style="text-align: center;"><b>17</b></p>
<p style="text-align: center;"><b>Hamburger or Cheeseburger</b> Lettuce &amp; Tomato French Fries Green Beans Fruit</p> <p style="text-align: center;"><b>20</b></p>	<p style="text-align: center;"><b>Chicken Bites or Pizza</b> Creamed Potatoes Broccoli &amp; Cheese Romaine Salad Fruit Dessert</p> <p style="text-align: center;"><b>21</b></p>	<p style="text-align: center;"><b>Taco Salad or Quesadilla</b> Lettuce &amp; Tomato Seasoned Beans Cheese Dip, Salsa, &amp; Chips Fruit</p> <p style="text-align: center;"><b>22</b></p>	<p style="text-align: center;"><b>Spicy or Breaded Chicken Sandwich</b> Lettuce &amp; Tomato Baked Beans Carrot Sticks Fruit Dessert</p> <p style="text-align: center;"><b>23</b></p>	<p style="text-align: center;"><b>Pizza or Cheese Crunchers</b> Corn Carrot Sticks Romaine Salad Fruit</p> <p style="text-align: center;"><b>24</b></p>
<p style="text-align: center;"><b>Hotdog or Mini Corndogs</b> Baked Beans Carrot Sticks Slaw Fruit</p> <p style="text-align: center;"><b>27</b></p>	<p style="text-align: center;"><b>Breakfast Bar</b> Biscuit Sausage Eggs Hash Browns Tomato Slices Fruit &amp; Fruit Juice</p> <p style="text-align: center;"><b>28</b></p>	<p style="text-align: center;"><b>Spaghetti or Pizza</b> Green Beans Romaine Salad Breadstick Fruit</p> <p style="text-align: center;"><b>29</b></p>	<p style="text-align: center;"><b>Turkey Deli Sandwich or Hot Ham &amp; Cheese Sandwich</b> Lettuce &amp; Tomato Carrot Sticks Baked Chips Corn on Cob Fruit &amp; Dessert</p> <p style="text-align: center;"><b>30</b></p>	<p><i>This menu is subject to change due to food shortages and delivery issues. We will continue to serve nutritious meals at no cost. Thank you for your continued support.</i></p>