

# Deshler Middle School

*Lunch October 2022*

*"One of the Best Little Middle Schools in America"*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Crispitos or Buffalo Chicken Wrap</b> Lettuce & Tomato Salsa Seasoned Beans Fruit  <b>3</b>	<b>BBQ Sandwich or Fish Sandwich</b> Slaw French Fries Baked Beans Fruit Dessert  <b>4</b>	<b>Chicken Spaghetti or Salisbury Steak with Gravy</b> Green Beans Breadstick Romaine Salad Fruit  <b>5</b>	<b>Pizza Hut Pizza or Hotdog</b> Corn Romaine Salad Fruit Dessert  <b>6</b>	<b>Cheese Sticks or Pizza Crunchers</b> Marinara Sauce Broccoli Carrot Sticks with Ranch Romaine Salad Fruit  <b>7</b>
		<b>Taco Salad or Chicken Fajita</b> Lettuce & Tomato Cheese Dip, Salsa, & Chips Seasoned Beans Fruit  <b>12</b>	<b>Chicken Alfredo or Deli Sandwich</b> Green Beans Breadstick Romaine Salad Fruit Dessert  <b>13</b>	<b>Hot Pocket or School Pizza</b> Marinara Sauce Corn Romaine Salad Fruit  <b>14</b>
<b>Chicken Tenders or Breaded Steak Patty</b> White Beans Macaroni & Cheese Biscuit Fruit  <b>17</b>	<b>Pizza Crunchers or Hotdog</b> Green Beans Romaine Salad Fruit Dessert  <b>18</b>	<b>Chili or Cheese Sticks</b> Crackers Grilled Cheese Sandwich Broccoli Romaine Salad Fruit  <b>19</b>	<b>Pizza Hut Pizza or Corndog</b> Corn Romaine Salad Fruit Dessert  <b>20</b>	<b>Hamburger or Cheeseburger</b> Lettuce & Tomato Baked Beans Carrot Sticks with Ranch Baked Chips Fruit  <b>21</b>
<b>Crispitos or School Pizza</b> Lettuce & Tomato Salsa Seasoned Beans Fruit  <b>24</b>	<b>Buffalo Chicken Wrap or Deli Wrap</b> Lettuce & Tomato Green Beans Baked Chips Fruit Dessert  <b>25</b>	<b>Breakfast Bar Biscuit or Pancakes</b> Sausage Hash Browns Eggs Tomato Slices Fruit & Fruit Juice  <b>26</b>	<b>Breaded Chicken Sandwich or Spicy Chicken Sandwich</b> Lettuce & Tomato French Fries Baked Beans Fruit Dessert  <b>27</b>	<b>School Pizza or Cheese Sticks</b> Marinara Sauce Broccoli Romaine Salad Fruit  <b>28</b>
<b>Chicken Bites or Deli Sandwich</b> Creamed Potatoes Sweet Peas Romaine Salad Fruit  <b>31</b>		<b>Lunch Meal Prices</b> \$2.25 Full Pay Student \$.40 Reduced Student \$3.00 Employee \$3.50 Visitor	This menu is subject to change due to food shortages and delivery issues.  <b>Offer Vs Serve</b> A full meal for a student includes 3 of the 5 items and must include a fruit or a vegetable	<b>Milk Offered Daily</b>   <b>Grab &amp; Go Salads</b> Offered Mon, Wed, & Fri <b>Grab &amp; Go PBJ Sandwich Meal</b> Offered Tues & Thur